



## B. Leaders you have admired?

Make a list of 4-6 leaders you admire - now rate them:

**Action:** 0 Never acts — 10 Always takes action

**Behaviour:** 0 Behaviour totally out of synk with words — 10 Always walks the talk

**Conversations:** 0 No conversations just monoluges — 10 Consistently takes the time to engage in powerful conversations

Name	Actions	Behaviour	Conversations

### What came up for you - what did you notice?

Why did you pick exactly those names? Was it because of their management skills or because of the leadership skills?

So whom do we naturally want to follow, the skilled manager or the skilful leader?

### C. So who are you having conversations with

Think of the week that passed. Whom did you have actual conversations with?

Make a list:

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### Now lets try and evaluate those conversations

*Rate the quality of each conversation on a scale of 1 to 10 where 10 is best.*

*To what degree do you feel that you achieved the there criteria: Advancement of an agenda, Shared learning, strengthen relationship.*

*Are you happy with the frequency of these conversations yes/no would like more/less*

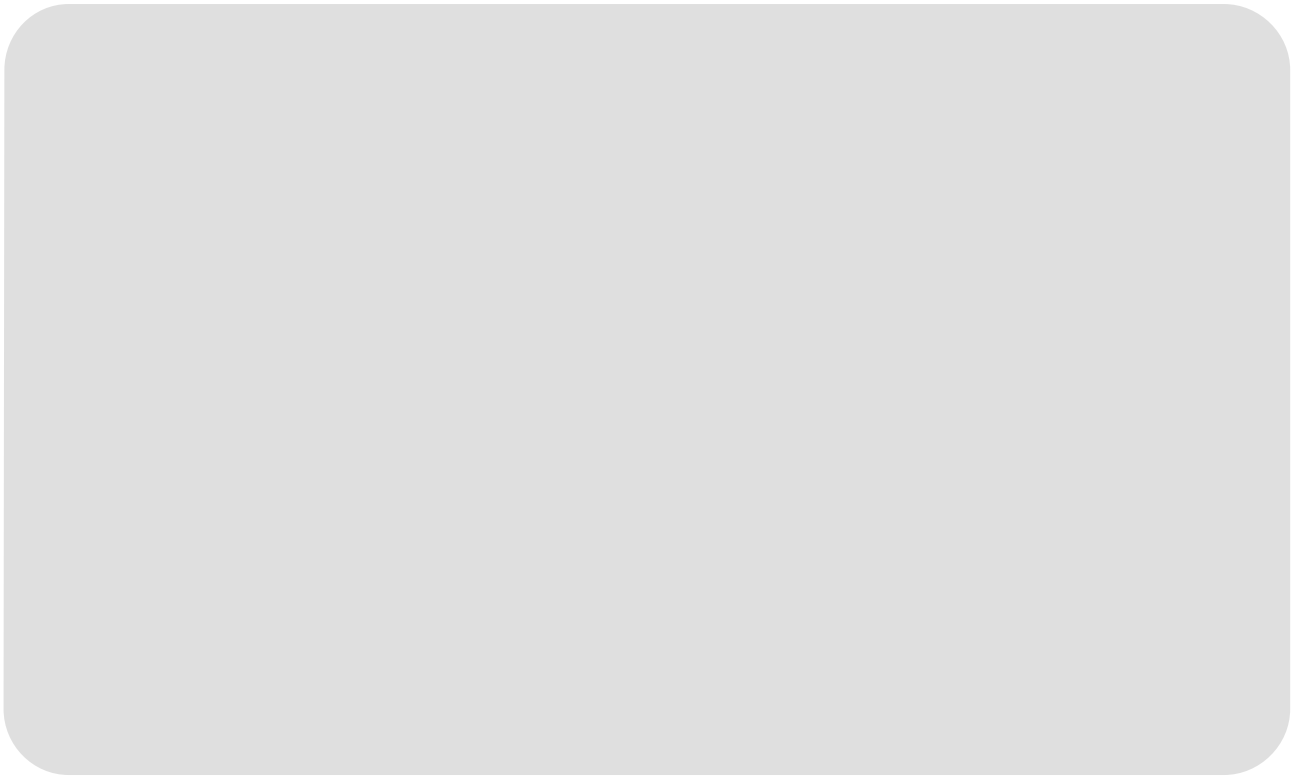
Person	Quality	Frequency

### Who are the people you are not having conversations with?

*Why do you think that is and what are you going to do about it?*

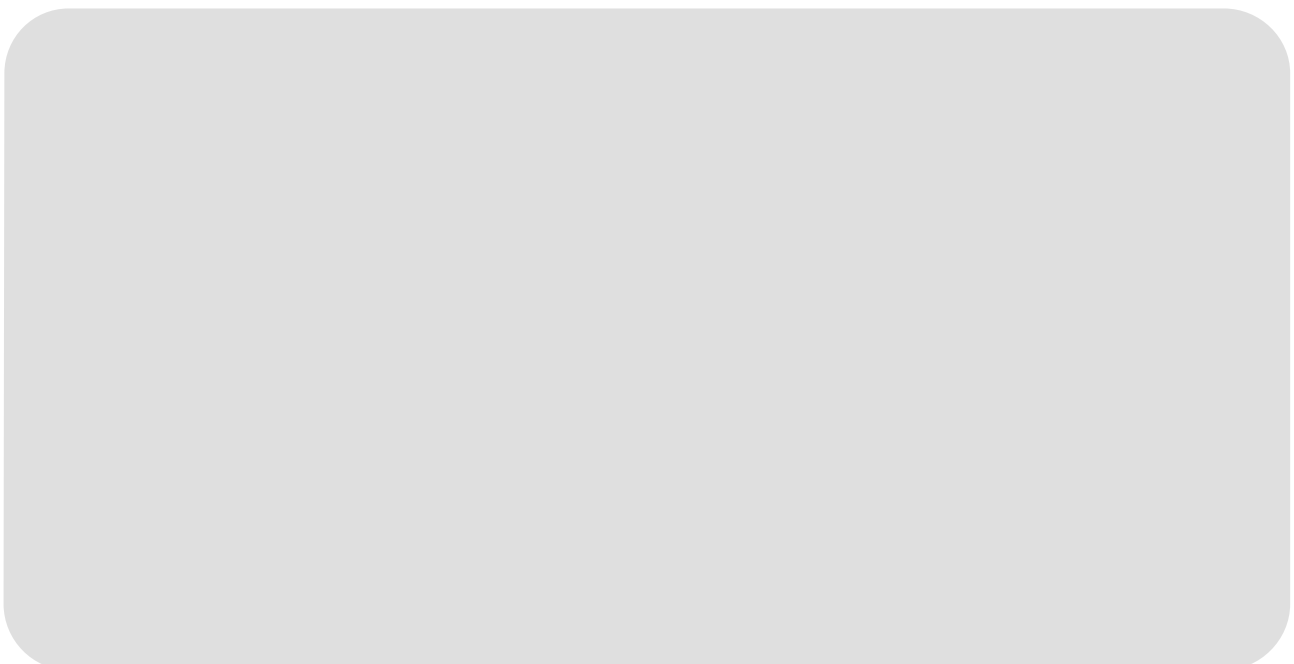
## D. Actions

*When you think of your self in your leadership role - what is your reaction ship to taking action. When do you find it easy when do you find it more difficult . Do you ever find your self taking to much action or taking action too quickly?*



## What would you like to change?

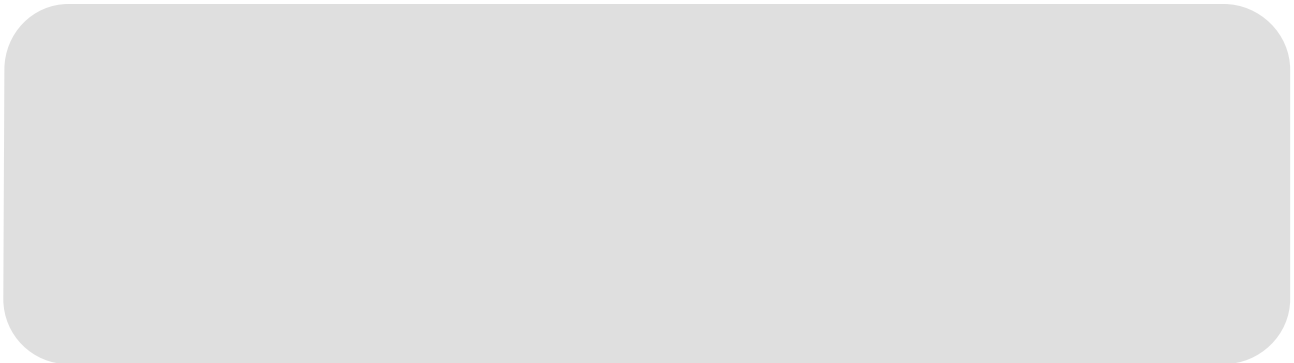
*Is there any thing in the way you take action or dont take action that you would like to change in the future?*



## E. Behaviour

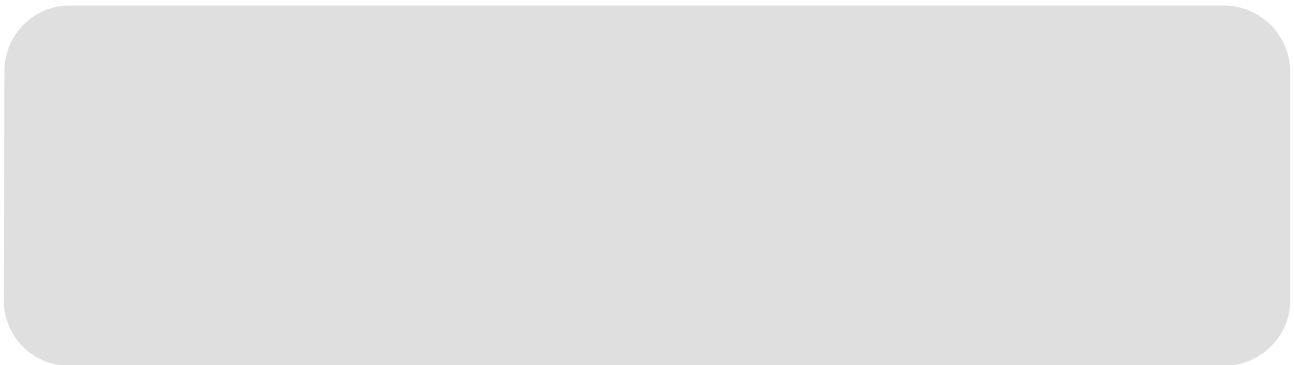
### Being on stage

How do you feel about the concept of being on stage 24/7 - are you comfortable with that?



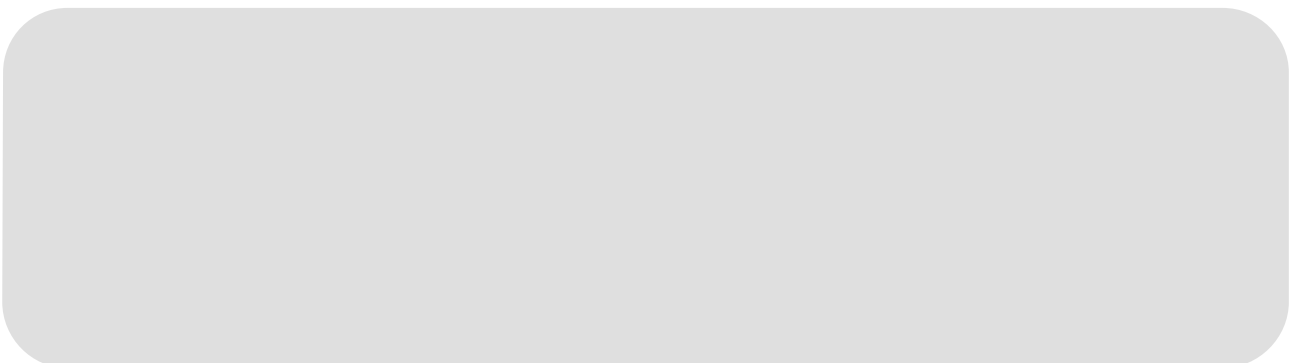
### Say and do

*When you think about the relationship between what you say and what you do - can you identify any situations that you maybe must be more aware of?*



### Influence

Can you identify any situations where you might get a different result by just changing your own behaviour?



## Your plan moving forward

What are things you have identified going through this course that you would like to change ?

What do you think would be the direct benefit of implementing those changes?

What could possibly get in your way of successfully implementing these changes?

What could you do to overcome those obstacles?

Write an IF ... Then statement. If I encounter [obstacle] then I will [remedy]

Progress. by when and how will you know that you have made progress ?