

## From theory to practice

- Integral theory – everything is connected
- Complexity awareness
- Vertical development – taking more complex perspectives
- Polarity thinking – juggling both/and

## The evolved leader

- Developing new lenses
- Key characteristics
- Impact and integration



## Core practices

## Above & below the line

- The two states
- Recognition & choice
- Impact on others

Creative/curious

Reactive

## Taking radical responsibility

- The shift in perspective
- Beyond blame
- Impact on growth & relationship

"Between stimulus and response,  
there is a gap.  
In that gap lies all our power."  
– Victor Frankel

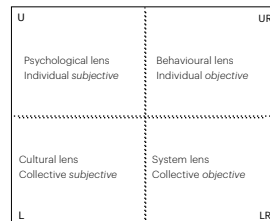
## Cultivating curiosity

- The power of not knowing
- Genuine inquiry
- Multiple perspectives



## Quadrivivial awareness

- Seeing the whole picture
- Noticing our preferences  
& blind spots
- Integration in practice



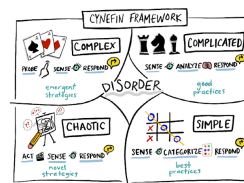
## Presence in practice

- The power of full attention
- Body and energy awareness
- Mindfulness in actions



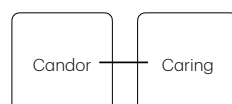
## Navigating complexity with awareness

- Reading the context
- Choosing appropriate responses
- The practice of not knowing



## Working with polarities in real-time

- Recognising tension
- Both/and thinking in action
- Finding creative solutions



## Relationship impact

### The relationship ripple effect

- The power of presence in relationships
- The contagious nature of conscious engagement
- From self-awareness to relationship awareness



### Enhancing client/customer relationships

- Authentic service orientation
- Building trust through presence
- Creating value through attention



### Enhancing work relationships

- Quality of attention
- Authentic engagement
- Conscious choice in every interaction



## Integration – the wholeness of relationships

"The highest value we can offer clients  
is in the quality of attention we bring  
to understanding their situation."

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